

Exploring Career Options

What opportunities exist in your organisation? Consider sideways or upward moves.

What opportunities are there to progress in your profession or industry?

What 'dream' jobs have you contemplated over the years?

If anything was possible, and I could not fail, what careers would I love to explore?

Where have I excelled?
What have I been praised for?
What tasks come easy or naturally to me?

As you go about your day make a note of the tasks or activities that you seem to really enjoy.

How might these activities relate to your career options?

What do they say about you as a person?



What did I like to do as a child?
What topics capture my interest?
What activities do I become immersed in?