

# Create a reading list for your personal development

## **What wider purpose is your reading list going to serve?**

*Are the books going to help you to meet a certain goal that you have, fill a gap in your knowledge, or develop your skills?*

## **Considering this wider purpose, what books would you like to read? Gather together a list of possible titles.**

*Look at the books on your shelf, To Read list, and any reviews and recommendations available online or via your network.*

## **What is your timescale for this reading list?**

*Is it 12 months or more/less?*



**Narrow the books down to those that will be the most helpful to you in the time that you have available**

*Consider your usual reading speed, how many pages the books have, the time needed to carry out exercises, and any other existing commitments you have that impact on your time.*

**Now put the books in priority order (or an order that makes most sense to you) and write your reading list down.**

What are you going to read?

When by?

## **Build your reading routine**

*When and where are you going to read?*

*What time are you going to read?*

*How long are you going to read for or how many pages/chapters would you like to read?*

**What could stop you from carrying out this routine?**

**What strategies could you use to overcome these obstacles?**

**How will you keep yourself motivated and accountable?**